

# 5 Minute Meditations

**Monday**

*Scripture Reading: Joel 2:28-3:12*

**Things to Ponder:** Jesus was not the sort of Messiah most first-century people were anticipating. Most expected the Messiah to be a strong military leader who would free Israel from Roman political and military domination. For many of Jesus' contemporaries, a humble carpenter from rural Judea who preached repentance, peace, and love simply did not fit their view of the promised Messiah. Have you ever been surprised by the way God has worked in your life?

**Tuesday**

*Scripture Reading: Psalm 32:1-2*

**Things to Ponder:** As Christians, sometimes we take our salvation for granted. In order to be reminded of this priceless gift, and the extreme price by which it was earned, answer these questions: How would your life be different if you didn't believe that Jesus died for your sins? If not in Christ, where would you find hope for the future? How do you feel when you think of Jesus dying for your sins?

**Wednesday**

*Scripture Reading: Mark 14:27-31*

**Things to Ponder:** How have you "disowned" Jesus through words, actions, and attitudes? In what ways, big or small, have you turned your back on the Lord and his teachings?

**Thursday**

*Scripture Reading: Luke 22:47-53*

**Things to Ponder:** The story of Jesus healing one of the men sent to arrest him illustrates the kind of love and forgiveness all Christians are to demonstrate in their daily lives. Who do you need to forgive? Who do you need to ask forgiveness from?

**Friday**

*Scripture Reading: Colossians 1:15-20*

**Things to Ponder:** The Bible says that Jesus is the image of God. In other words, we can know what God is like by examining the life of Jesus Christ. Using Jesus' life as your guide, what do you think God is like?

**My Prayer List:**

*This week, I commit to pray daily for the following people or situations:*

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